

*St. Andrew's Church, Rugby*



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# Prayer Walk



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## GETTING READY:

*I wonder what you need to do to get ready?*

*I wonder what you will take with you?*

### Fact to ponder as you wander:

*One in three people lack access to safe drinking water and need to go out to collect it.*

*People sometimes take jerry cans or a barrel to carry the water they collect.*

***(Take a deep breath and get ready to spend time with God)***

## LEAVING THE HOUSE:

*I wonder how it feels when you step outside?*

*I wonder what the weather is like?*

### Fact to ponder as you wander:

*Climate change is already causing a devastating impact on some of the world's most vulnerable communities, because they rely on land and ecosystem balance for their income, food and water.*

***(Ask God for help to change hearts and minds to care for our planet)***

## WHERE ARE YOU GOING?

*I wonder how many times you have walked this way?*

*I wonder what you like the best about this walk?*

### Fact to ponder as you wander:

*For women and girls especially, treks to get water can often be dangerous.*

***(Pray that God will keep safe those in danger)***

## HOW FAR WILL YOU WALK?

*I wonder how far you will walk?*

*I wonder how long it will take?*

### Fact to ponder as you wander:

*On average women and children have to walk 3.7 miles everyday to bring home water for their families. 90% of the world's population has access to a drinking water supply within a 30 minute round trip, but that means that 10% do not.*

## **DURING THE WALK:**

*I wonder what you can see and hear?*

*I wonder where the people are going that are passing by?*



### **PAUSE to PRAY:**

**Dear Lord, we pray for those that live near and far, for homes, work places and schools to be safe places. We pray for everyone to have access to shelter, food and water. Amen.**

## **NEAR TO HOME:**

*I wonder how you feel as you are getting near to home?*

*I wonder if anything has been difficult on your journey?*

### **Fact to ponder as you wander:**

*The journey home carrying a full water can or barrel is difficult. It is heavy so the journey home is slower. Over time it can put a strain on backs and necks.*

*(A full Jerry can weighs up to 40 pounds and a barrel up to 70 pounds, which is 5 stone).*

## **ARRIVING HOME:**

*I wonder how you feel when you go back through your door?*

*I wonder what you need to do now you are back home?*

### **Fact to ponder as you close your wander:**

*3 billion people do not have a hand washing facility with water and soap at home.*

*144 million have no choice but to bring unsafe water back home, which leaves people at high risk of catching diarrhoeal diseases and in some cases cholera and typhoid.*

## **SIT FOR A WHILE:**

*I wonder if you noticed anything different on your walk today?*

*I wonder what you liked best about your walk?*

## **PRAYER**

**As we spend time with your Son Jesus Christ in the wilderness, open our eyes to your world.**

**Bring us a fresh understanding of those in need, whose daily lives are difficult.**

**We pray for those worried about their children's health due to unclean water.**

**Each day we walk with you. Each day you bring new life. Thankyou.**

**May we step onto that path in the light of your love and reach out to those living in darkness.**

**Amen.**